



Your local VOICE for Aging & Volunteer Services

AUGUST

2020

Redwood County Newsletter

Creating strong, involved communities focusing on volunteerism and active living programs for adults 55 & above, and care partners of all ages.

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Joint Powers Board

Dave Forkrud

**May your
day begin with
a smile on
your face, love
in your heart
and happiness
within your
soul!**

Volunteers Needed! Bridge Street Bargains Thrift Store

Looking to Have Some Fun?

Bridge Street Bargains is looking for volunteers!

Job description options:

Welcome customers, sort and mark merchandise, display items, clean shopping area, organize clothes, check-out customers & Have Fun!

Volunteers can do all or parts of the job description.

Hours Open: Tuesdays, Wednesdays, Thursdays, and Saturdays starting in August.

Volunteers interested in working a few hours/days a week, every few weeks or one Saturday a month at Bridge Street Bargains should contact Margaret Palan-United Community Action Partnership-

Margaret.palan@unitedcapmn.org or call 507-537-1416 Ext. 2116.

Safety measures/CDC recommendations all set up.



Redwood Falls Farmers Market

Come enjoy our fresh fruits and veggies, homemade pickles, breads and more!

Open Tuesday's 2-5:30
Saturday 9 am - noon

A.C.E. of SW MN to offer online “virtual” Classes

Serving SW MN, the following classes will be offered online:

Living Well with Diabetes (DSMP)

Session 0 = Monday July 27th from 2:00p–3:00p

Sessions 1-6 = Thursday’s July 30th – September 3rd from 2:00p–4:30p

Living Well with Diabetes (DSMP)

Session 0 = Tuesday August 25th from 8:30a–9:30a

Sessions 1-6 = Wednesday’s August 26th – September 30th from 9:30a–noon

Tai Ji Quan - Moving for Better Balance

Tuesday’s & Thursday’s August 25 (session 0) – November 17th from 10:00a–11:00a

Chronic Pain Self-Management

Session 0 = Wednesday September 9th from 1:00p–2:00p

Sessions 1-6 = Thursday’s September 10th – October 15th from 1:00p–3:30p

Living Well with Chronic Conditions (CDSMP)

Session 0 = Friday September 11th from 1:00p–2:00p

Sessions 1-6 = Monday’s September 14th – October 19th from 1:00p–3:30p

Non-Evidence Based Program - Powerful Tools for Caregivers (PTC)

Tuesday’s October 13th – November 17th from 5:30p–7:00p

Living Well with Diabetes (DSMP)

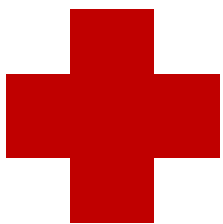
Session 0 = Monday October 26th from 1:00p–2:00p

Sessions 1-6 = Monday’s November 2nd – December 7th from 1:00p–3:30p

For more details on all of our services, visit our website at www.aceswmn.org or for more information call Ann LeBrun at (507) 627-1016

The Redwood Falls Library

You can place holds on online items and pick-up curbside if you don’t want to enter the building, use computers by appointment, come in to check out materials, and adults can enjoy 15 minutes of browsing (you must sign in and out)! The meeting room is also open for reading magazines and newspapers and folks can spend as much time there as needed.



Upcoming Bloodmobiles

Sanborn: August 17th

